

NOW I AM HUMAN:

Testimonies of Healing Companions in Rwanda

APPENDIX A

HROC Workshops Conducted by Friends Peace House

Summary:

Total Number of Workshops:

Total participants trained:

APPENDIX B

Summary Profile of Interviewees:

Gender: 17 men and 8 women

Age Range: 23 – 62 years old

Identities: 9 survivors, 6 released prisoners, 5 facilitators, 3 non-participants living with a participant, 2 non-participants not living with a participant

Interviewees

1. Munyouné Bonifocsi – *Participant – released prisoner*
2. Nizeyimana Samuéli – *Participant – released prisoner*
3. Umulisa Tofiri – *Participant - survivor*
4. Mukeshimana Laurent – *Non-participant, district leader*
5. Mukamanzi Angélique – *Facilitator*
6. Nirere Régine – *Participant - survivor*
7. Kansayisa Clémentine – *Participant - survivor*
8. Nahontuye Jean Pierre – *Non-participant living with participant*
9. Munyeragwe Epimaque – *Facilitator*
10. Ibyiyingoma Hassan – *Participant - released prisoner*
11. Ndangamira François – *Participant - released prisoner*
12. Nyirabyimana Venancie – *Participant - survivor*
13. Kanyabashi Anastase – *Participant - survivor*
14. Nshirizirana Jean – *Facilitator*
15. Ndamage Corneille – *Facilitator*
16. Mutahazi Laurent – *Non-participant living with participant*
17. Ndarisamyé Esdras – *Participant - survivor*
18. Zinucinda Simon – *Participant - survivor*
19. Mukagakwandi Amina – *Participant – released prisoner*

- 20. Damaceni Jean – *Non-participant who knows participant*
- 21. Uwizera Genêviève – *Non-participant living with participant*
- 22. Komezusense Samuel – *Participant - released prisoner*
- 23. Mukayiranga Béatrice – *Participant - survivor*
- 24. Nyirinkindi Théophile – *Participant - survivor*
- 25. Musoni Eric – *Facilitator*

APPENDIX C

General Questions: (For everyone)

Gather demographics and attach to interview number

Name Age:

Marital Status pre and post

Familial Status Pre and post Crisis?

Residency pre and post Crisis

Occupation/ Source of support

Religious Affiliation

How would you describe your life before the crisis?

When did that change for you?

What was your life like during the crisis?

What is your life like now?

HROC Participants

- 1) How did you first learn about HROC?
- 2) How did you feel when you were asked to participate in the HROC workshop?
- 3) Why do you think you were asked to participate?
- 4) Did you have any worries or fears about the workshop before you attended?
- 5) How long has it been since you attended an HROC workshop?
- 6) What do you remember most about your HROC experience?
- 7) Did you have any symptoms of trauma before the workshop?
- 8) Could you describe how the workshop made you feel?
- 9) How is HROC similar to your culture?
- 10) How is HROC different from your culture? Was anything in the HROC workshop bad for Rwandan culture?
- 11) Have you been able to use the information you learned in HROC in your home, work, church and community? How?
- 12) What was the most important thing you learned from HROC? How have you used it?
- 13) What was not good about HROC?
- 14) If you could change anything about HROC, what would it be?
- 15) After you finished the workshop, did you feel like anything had changed in your life? Can you tell us a story of how you were before and after your first HROC workshop?
- 16) Do people come to you for help or treat you differently now that you have attended a workshop?
- 17) Have you seen changes in others from your community who have attended HROC?
- 18) How do you see these changes?
- 19) How would you like to see HROC utilized in your community?

- 20) How can HROC contribute to peace, forgiveness, and reconciliation?
- 21) Do you think HROC can help *gacaca*? If so, how? If not, why not?
- 22) Has attending an HROC workshop make you more inclined to seek reconciliation?
- 23) Do you see changes within yourself after the HROC workshop? Do you still have symptoms of trauma?
- 24) Have the participants of the workshops done anything together since it ended?

Non-HROC Participants living with a participant

- 1) When did you first hear about HROC?
- 2) Which member of your household attended HROC?
- 3) Have you seen changes in them? How?
- 4) Do you think they can help your community?
- 5) Do you know anyone else in your community who has attended the HROC workshop?
- 6) Have you seen any changes in the way that person behaves or acts with others?
- 7) Have you seen an overall difference in your community since people have attended a HROC workshop?
- 8) How would you like to see HROC utilized in your community?

Non-HROC participants not living with a participant

- 1) Are you familiar with the HROC workshops?
- 2) How did you hear about them?
- 3) Do you think they can help your community?
- 4) Do you know anyone in your community who has attended the HROC workshop?
- 5) Have you seen any changes in the way that person behaves or acts with others?
- 6) Have you seen an overall difference in your community since people have attended a HROC workshop?
- 7) Given what you understand of HROC now, How would you like to see HROC utilized in your community?

HROC Facilitators

- 1) How did you first learn about HROC?
- 2) How did you feel when you were asked to participate in the HROC workshop?
- 3) Did you have any worries or fears about the workshop before you attended?
- 4) How long has it been since you attended an HROC workshop?
- 5) What do you remember about your HROC experience?
- 6) Could you describe how the workshop made you feel?
- 7) How is HROC similar to your culture?
- 8) How is HROC different from your culture?
- 9) Have you been able to use the information you learned in HROC in your home, work, church and community? How?
- 10) After you finished the workshop, did you feel like anything had changed in your life?
- 11) Have you seen changes in others from your community who have attended HROC?
- 12) How do you see these changes?
- 13) Do people treat you differently or come to you for help now that you are a facilitator?
- 14) As a facilitator how do you deal with the stress of hearing other's trauma and helping them?

15) How would you like to see HROC utilized in your community?